

Autumn Term 2025 - Week 1 - Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE	Breaded Katsu Chicken Curry OR Beef Bolognaise	Reggae Reggae Chicken OR BBQ Chicken	Vietnamese Pork Chop OR Malaysian Beef Rangedang	Italian Chicken Arrabiata OR Beef Chilli	Hand Battered Fish OR Battered Sausage OR Chicken Burger	Mexican Pork with Sweet Potato & Black Beans	Macaroni Cheese with Choice of Toppings
VEGETARIAN	Sweet Potato Katsu	Caribbean Chickpea and Coconut Curry	Vegan Tofu & Veg in Blackbean Sauce with Rice Noodles	Roasted Vegetable Lasagne	Red Onion, New Potato & Pepper Frittata	Mexican Tortilla Vegetable Bake	Tofu Macaroni Cheese
SIDES	Lime & Coriander Rice Asian Mango Slaw with Soy Pickled Veg Pasta Garlic Bread Garden Peas	Spiced Potato Wedges Sweetcorn (Prep) Chilli & Garlic Corn Cobs (Upper) Mango Salsa BBQ Sauce	Prawn Crackers Coconut Sticky Rice Mini Spring Rolls Stir Fried Greens	Fresh Pasta Garlic Bread Lemon & Garlic Broccoli Kale & Green Beans Salsa, Guacamole, Sour Cream, Tortilla Chips, Rice	Chips Garden Peas Baked Beans Floured Bap BBQ Sauce Shredded Lettuce Mayo	Fajita Rice Chard Cauliflower	Steamed Corn Cobs Garlic Mushrooms Garlic Baguette
BIG BOWL SALADS	Pesto Pasta with Mixed Beans Chef's 'Food Saviour' Salad	Panzanella Salad Rainbow Slaw with Jerk Spiced Black Bean & Pineapple Salsa	Turkish Chickpea Pasta Salad Chef's 'Food Saviour' Salad	Pickled Watermelon, Smashed Cucumber & Mint Mediterranean Potato Salad	Fajita Style Pasta with Mixed Peppers & Onions Chef's 'Food Saviour' Salad		
HOT DESSERT	Baked Jam Sponge	Apple & Cinnamon Crumble	Steamed Chocolate Sponge Pudding	Orange Cake	Classic Bread & Butter Pudding	Assortment of Doughnuts	Chef's Picnic Bar

Available every day:

STARTER



Soup of the day with homemade bread and croutons

LIGHT LUNCH



Baked potatoes with baked beans and grated cheese OR Buttered pasta with homemade tomato sauce and grated cheese

SALAD BAR



Lettuce, tomato, cucumber, sliced peppers, sweetcorn, beetroot, grated carrot, pickled red cabbage, mixed olives, jalapenos, mixed protein items, house dressings

COLD DESSERT



Individual fruit mousse or jelly pots, yoghurt bar