

BPS Enrichment Day - Friday 5th March (All year groups)

We are pleased to announce that we will be running a “Mind, Body & Soul” Enrichment Day for the whole school on Friday 5th March. As such, this will be a curriculum drop down day for all pupils.

The aims of the day are to:

1. Focus on core areas of the Future Skills Curriculum
2. Deliver activities which promote positive mental and physical health
3. Celebrate the end of online learning.

All pupils will take part in a wide range of activities including physical fitness, food-preparation, art, music and a scavenger hunt. Activities will largely be run in normal class times. A draft schedule is shown below for your information, though a final version will be shared with all pupils by their form tutors next week.

Time	Activity
0840 – 0850	Form time
0855 – 0935 (P1)	Fitness
0935 – 1015 (P2)	Build a Bridge (Part One)
1015 – 1030	Break
1030 – 1155 (P3&4)	Build a Bridge (Part Two)
1155 – 1230	Meal Preparation Class
1230 – 1330	Lunch
1330 – 1415 (P5)	Art Challenge
1415 – 1445 (P6)	Scavenger Hunt
1445 – 1500	Break
1500 – 1545 (P7)	Music
1545 – 1610 (P8)	Final Reflections and Evaluation of the Day

In order to help all pupils get the most out of the day, we politely request, where possible, that you arrange for your son to have the following resources at home for 5th March:

Session	Resources/ingredients required
Bridge Building Competition	A packet of paper straws / wooden lollipop sticks / wooden coffee stirrers; sellotape; string; an empty food tin or tupperware; elastic bands
Food Preparation (Meal option one)*	<u>Chicken Salad Tiger Bloomer Sandwich</u> 1 x Small Tiger Bloomer

	<p>1 x pack ready to eat diced/sliced Chicken or alternative (falafel, quorn pieces)</p> <p>1 x Small Lettuce</p> <p>1 x Tomato</p> <p>1 x Cucumber</p>
Food Preparation (Meal option two)*	<p><u>Coleslaw</u></p> <p>2 x Large Carrots</p> <p>1 x Small Cabbage</p> <p>1 x Medium White Onion</p> <p>2 x Tablespoons Mayonnaise</p>
Art Session	<ul style="list-style-type: none"> - Face masks - Small toy characters e.g. lego, playmobil, toy soldiers. - You might like to buy some Tiny People which are available from Amazon with next day delivery. (Please note, these are not mandatory).

Please note that boys only need to buy ingredients for **one meal option, but they can make both if they would like.*

A Google Classroom has been created with information for the day and boys are able to join via this [link](#) or the classroom code: xxclsto (Form tutors will be able to talk all pupils through this next week).