

CARRING FOR OUR COMMUNITY



Over many years we have been privileged to provide local people in crisis with hampers. For 2019 we are building on the success of last year's Christmas in a Box where we distributed over 850 boxes, reaching over 1,900 people in Bedford.

Locally Bedford foodbank is seeing an increasing number of clients on a regular basis. Here at All Nations Church, we want to further support the foodbank's work, helping their clients and other vulnerable people at Christmas.

For more information and other ways to get involved visit our website, www.allnationsbedford.org/christmasinabox

INSTRUCTIONS FOR YOUR BOX

1. Make your flat pack into a box. Make sure the base is very secure - if needs be, put some extra card in the bottom of it.
2. Wrap the box leaving the top open.
3. Use the shopping list to decide who will get which item(s). If you are doing multiple boxes, people may want to buy the same item for more than one.
4. It may sound strange, but please only buy the items that are on the list.
5. When your box is complete, attach the shopping list to the side of the box, ticking off all the items that are included. Please do not seal the box.
6. Include a card from your group. Whilst there are no gifts in the hampers, if you wish to include a gift card, that is fine.

FAMILY SHOPPING LIST

- Tinned Potatoes (1ge)
- Tinned Carrots (1ge)
- Tinned Peas (1ge)
- Tinned Ham (1ge)
- Tinned Tuna
- Tinned Fruit
- Coca-cola/Lemonade
- Squash
- Tea/Coffee
- Soup
- Christmas Pudding
- Carton of Custard
- Gravy Granules
- Mince Pies
- Stuffing Mix
- Mayonnaise
- Savoury Biscuits
- Box of Chocolates
- 2 Selection Boxes
- Crisps

