

An important message from the Sports Department, Bedford School

## Mouthguards

As you may be aware, the governing bodies of rugby and hockey strongly recommend the wearing of custom fitted mouthguards during training and competition. The School policy is also to adhere to these guidelines. We have therefore organised for OPRO, a dental organisation that specialises in mouthguards, to visit the School on **Wednesday 4th September (first day of term)**. This will enable everyone to have the opportunity to have a **professionally fitted** mouthguard at a reasonable cost. There will also be a second visit on Monday 9<sup>th</sup> September – from 12.30 to 1.45, to clear up any issues or missed appointments.

OPRO now visits a substantial number of schools, and provides the following service:

- **A qualified dental professional** to take the impression.
- **A named mouthguard** delivered within a week or so of fitting.
- **A comprehensive aftercare service.**
- **A full dental accident insurance** for 12 months.

In order to take advantage of this service all you need do is place the order either over the internet, by phone, or post. In relation to orders, please deal directly with OPRO and not the School.

[www.opro.com](http://www.opro.com)  
[info@opro.com](mailto:info@opro.com)

Orders may not be available on the day, so please reply as soon as possible.

**On the 4<sup>th</sup> September boys should go to the foyer in the Recreation Centre at the following times:**

**Year 9 - 9.30 (following assembly)**

**Year 10 – 10.00**

**Years 11, 12 & 13 – 10.30**

Many thanks for your co-operation.

**Barry Burgess**  
**Director of Sport**