

## CLOTHES FOR BOYS

Boys wore tight-fitting doublets on the upper part of their body and hose (like knickerbockers) and long socks or stockings over the legs. They might add looser garments – jerkins (or jackets) or hukes (or tabbards) on top of their doublets for extra warmth. They would all wear hats on their heads.

### FIRST, MAKE YOUR SMOCK.

This is a simple T-shaped garment of plain cotton, just about long enough to sit on.

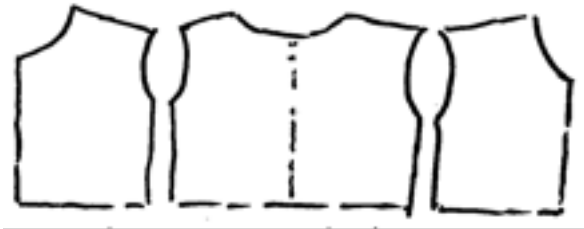
You can make your pattern by enlarging this one. The neck should have a narrow 'V' about 6 inches long.

If you are feeling adventurous, how about a drawstring neck?



On top of your smock, you will wear your DOUBLET and HOSE, made of a plain-coloured, thickish fabric: an old curtain, an old blanket etc.

For your doublet, cut two fronts and one folded back. Join the fronts to the back across the shoulders and down the sides, from the armholes to waist.



For your HOSE, cut one waistband, two kneebands and two legs. Join up the inside leg seams, then sew legs together down the centre back seam and part of the way up the centre front seam. Pleat this onto the waist band and pleat each leg onto knee bands (the legs should be loose and baggy). Fasten waistband with tapes or buttons.



Socks should be plain wool-type and reach above the knees, or go bare-legged if it is warm enough.

To keep warm, wear a huke or tabbard (an oblong of blanket with a hole in the middle for your head) over your doublet (secured by your belt), or a jacket made by adding sleeves to a larger-sized doublet.



### HOW TO CHEAT...

Smock: you may have a T-shirt, or, better still, a man's collarless shirt (remove buttons + sew up to 6" from the top) that you can use instead. Plain colours only.

Doublet and Hose: a waist coat (plain fabric, front and back) may do for a doublet. Tuck baggy (track suit) trousers into long football socks, to make them look like breeches!

Hat

Doublet

Smock

Hose

Socks



### OTHER IMPORTANT THINGS

For your HAT (everyone must wear one), see the enclosed Classroom Project – 'Making a Boys Hat'.

You will need an APRON – a straight apron on a waistband, with no pleats or gathers, or a rectangle of fabric tucked into your belt.

You need a BELT from which to hang your POCKET (a pouch of leather or of your doublet material closed with a drawstring – see the enclosed Classroom Project 'Making a Hanging Pocket') and your CUP, which you will hang from your cup string (see the enclosed Classroom Project 'Making a Cupstring').

For shoes, flat, sturdy shoes are most suitable.

### WEATHER

If it is wet: Wear wellingtons or other waterproof shoes.

If it is cool: it is best not to bring a coat as this will be cumbersome. Wear foundation layers under your costume.