



Spring Term Cricket  
Programme 2019



## Upper School – Spring Term Cricket Programme

Day	Time	Session	Session Details	Required Kit
Monday	5.15pm-6.15pm	U14 (Open Session) U15 (Open Session)	Mixture of nets, fielding, machine work.	Bedford School Cricket whites, Cricket Tracksuit, PE/Games Kit, Bat/Pads etc
Tuesday (Starting Jan 8 <sup>th</sup> )	7.30am – 8.15am	Strength & Conditioning Session  U14A/U15A/U16A/1 <sup>st</sup> XI (Should attend)  Open to All Upper School Cricketers	Mixture of nets, fielding, machine work.	Bedford School PE Kit
Tuesday (Starting Jan 15)	4.30pm-5.30pm	1 <sup>st</sup> XI (Invite Only) U16A (Invite Only)	Mixture of nets, fielding, machine work.	Bedford School Cricket whites, Cricket Tracksuit, PE/Games Kit, Bat/Pads etc
Wednesday (Starting Jan 16)	4.30pm-5.30pm	U15A (Invite Only) U14A (Invite Only)  U16/17/18 (Open Session)	Mixture of nets, fielding, machine work.	Bedford School Cricket whites, Cricket Tracksuit, PE/Games Kit, Bat/Pads etc
Friday	12.55pm – 1.30pm	1 <sup>st</sup> XI Squad Session (Invite Only)  Wicket Keeping Session (Open Session To Upper School Keepers)	Mixture of nets, fielding, machine work.  Standing Up/Standing Back/Diving	Bedford School Cricket whites, Cricket Tracksuit, PE/Games Kit, Bat/Pads etc
Friday	5.15pm-6.00pm	Cricket Masterclasses (Upper School) (Invite Only)	Master Class Sessions from ex professional cricketers	Bedford School Cricket whites, Cricket Tracksuit, PE/Games Kit, Bat/Pads etc
Friday	5.15pm-6.00pm	Cricket Skill sets (Invite Only)	Skill sets will change each week depending on which master class is on e.g. if keeping master class is on, skill sets will be batting or bowling	. Bedford School Cricket whites, Cricket Tracksuit, PE/Games Kit, Bat/Pads etc



Master Class Cricket Programme  
2019



### Cricket Master Classes

Please note only a certain number of boys can attend the Master Class sessions. Emails will be sent to invited boys to the below sessions –

Date	Time	Coach	Session Details
January 11th	Upper School 5.15pm-6.00pm	<b>Lloyd Tennant</b> (Leicestershire & Essex)	Pace Bowling (Bowling Drills/Bowling with the New Ball / Attacking Bowling)
January 18th	Upper School 5.15pm-6.00pm	<b>Gary Palmer</b> (Somerset)	Batting Alignment
January 25th	Upper School 5.15pm-6.00pm	<b>Lloyd Tennant</b> (Leicestershire & Essex)	Pace Bowling (Bowling at the death/T20 Options/Plans/Fields)
February 1 <sup>st</sup>	Upper School 5.15pm-6.00pm	<b>Adam Rossington</b> (Northamptonshire)	Wicket Keeping (Standing Back/Diving) (All Upper School Age Groups)
February 8 <sup>th</sup>	Upper School 5.15pm-6.00pm	<b>Adam Rossington</b> (Northamptonshire)	Wicket Keeping (Standing Up) (All Upper School Age Groups)
February 22nd	Upper School 5.15pm-6.00pm	<b>James Kettleborough</b> (Northants, Glamorgan & Derbys)	Batting (Start of The Innings and Rotating the Strike)
March 1st	Upper School 5.15pm-6.00pm	<b>Tom Brett</b> (Northamptonshire)	Spin Session (Bowling for wickets/spinning the ball/Field Options)
March 8th	Upper School 5.15pm-6.00pm	<b>James Kettleborough</b> (Northants, Glamorgan & Derbys)	Batting (T20/One Day Batting)
March 15 <sup>th</sup>	Upper School 5.15pm-6.00pm	<b>Tom Brett</b> (Northamptonshire)	Spin Session (Bowling at the death/T20 Options/Plans/Fields)



Skill Set Cricket Programme  
2019



### Skill Sets

Please note only a certain number of boys can attend the Skill Set sessions. Emails will be sent to invited boys to the below sessions –

Date	Time	Session Details
January 11th	Upper School 5.15pm-6.00pm	Batting Against Pace (T20/One Day Batting) Under 14 & 15
January 18th	Upper School 5.15pm-6.00pm	Pace Bowling (Bowling at the death/T20 Options/Plans/Fields) Under 14 & 15
January 25th	Upper School 5.15pm-6.00pm	Batting Against Pace (T20/One Day Batting) Under 16/17/18
February 1 <sup>st</sup>	Upper School 5.15pm-6.00pm	Pace Bowling (Bowling at the death/T20 Options/Plans/Fields) Under 16/17/18
February 8 <sup>th</sup>	Upper School 5.15pm-6.00pm	Batting Against Spin (T20/One Day Batting) Under 14 & 15
February 22 <sup>nd</sup>	Upper School 5.15pm-6.00pm	Spin Bowling (Bowling at the death/T20 Options/Plans/Fields) Under 14 & 15
March 1 <sup>st</sup>	Upper School 5.15pm-6.00pm	Batting Against Spin (T20/One Day Batting) Under 16/17/18
March 8 <sup>th</sup>	Upper School 5.15pm-6.00pm	Spin Bowling (Bowling at the death/T20 Options/Plans/Fields) Under 16/17/18
March 15 <sup>th</sup>	Upper School 5.15pm-6.00pm	Fielding Session U14/15
March 22 <sup>nd</sup>	Upper School 5.15pm-6.00pm	Fielding Session Under 16/17/18