

Dear Parent/Guardian

Healthy Child Programme for School Age Children

The National Child Measurement Programme aims to screen the weight and height of all Year 6 children. Further information about this is available by following the link below:

<https://digital.nhs.uk/services/national-child-measurement-programme/>

In line with this programme, we will be measuring your son's height and weight during one of the sessions we will be holding in the Medical Centre, between Monday 26th November 2018 and Wednesday 5th December 2018.

Your son's BMI will be calculated using the following website:

<https://www.nhs.uk/Tools/Pages/Healthyweightcalculator.aspx>

You will be informed of the results of the measurements we have taken and your son's BMI will be recorded on his school records. You may also wish to share the measurements with your GP or keep them as part of your own health records for your son.

If you do not want your son to be involved in this screening programme please advise the Medical Centre in writing before Monday 26th November 2018.

If you have any questions regarding the above please do not hesitate to contact the Medical Centre.

School Nursing Team

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