

VIKING WARRIORS

Dressing as Viking warriors is easy! Use a brightly coloured adult "T" Shirt as an over-shirt and a normal size T shirt underneath for an undershirt. Your trousers can be baggy or straight-legged. Wear a cloak and a furry hat if you want.

Leg bindings are optional. These are very long lengths of material that are bound around your legs from your ankles to your knees. If you do wear leg bindings, make sure they are secure.

To make realistic chain mail, use old onion bags. Spray them silver. It looks good and weighs much less than the real thing. You can get old onion bags from supermarkets and greengrocers shops. Wear a belt around your waist over the top of your chain mail or your shirt.



Don't forget to wear your **THOR'S HAMMER** with your Viking name.

VIKING HELMET

To make a Viking Helmet, you will need to measure your head very carefully.

Measure all the way around your head.

Remember to write this measurement down.

Then measure from the middle of your forehead over the top your head and from ear to ear.

Using thin cardboard make a frame or cradle this size.

Line your helmet with foil or thin card.

The "spectacle" is optional, so is the point on the top.

Paint your helmet black or grey.

