

Dear Parents

Year 5/6 Adventure Holiday to Tignes

To replace the Bude trip we would like to run a multi-adventure holiday with “Land and Wave” to Tignes. The proposed trip will run from Sunday 8th July to Friday 13th July. We will depart from school early on Sunday morning and return on Friday afternoon/early evening. The holiday is open to all boys in Year 5 and Year 6, and we need to finalise numbers by 18th January in order to pay a deposit to secure the booking. We are able to take up to 50 boys.

The deadline for applying for a place will be Thursday January 18th 2018. If we have an overwhelming response, then names will be drawn from a hat. Flights will depart from Luton Airport to Geneva. Travel from Geneva to the resort in Tignes will be via coach.

Activities

The boys will be involved in a range of activities and the table below gives a flavour of what the boys might experience.

July 2018	AM	PM	Eve
Sunday 8th	Travel	Arrive & resort tour	Team Games
Monday 9th	Hike from ‘Toviere’ cable car	Kayaking / Paddle boarding on the Lake in Tignes	Bowling
Tuesday 10th	WW Rafting in Bourg St Maurice	Archery / Tennis	Swimming
Wednesday 11th	High Ropes course in the forest around Val D’Isere	Lift to mountain lake & walk around Val D’Isere	Sports
Thursday 12th	Mountain biking in Tignes	Hike to the ‘Eye of the Needle’ in Tignes using Palafour chairlift	Skate Park
Friday 13th	Departure & Travel		

Benefits

There are also other more general benefits to be gained

- Forging new friendships for the year ahead

- Bringing out hidden strengths and talents
- Boosting self-esteem and confidence
- Developing social skills
- Becoming part of a team
- Building independence

All Land & Wave instructors hold nationally recognised qualifications for the activities they lead and are very experienced at running residential for this age group. We use fully qualified and experienced English-speaking French guides for the mountain biking, rafting and high ropes. The instructor ratio for these activities is 1:6.

Although it is important that the boys are prepared to accept a challenge and are willing to have a go at the various activities offered, nobody (including members of staff!) will be made to do anything they feel unhappy about.

The evening activities all take place within the Tignes resort and Land & Wave and their partners provide accommodation for all the boys and all of the necessary equipment needed for each of the activities. Most of the activities, shops, lifts and the lake are all within walking distance of the Chalet!

Meals and Sleeping Arrangements

The boys will sleep in small dormitories, with approximately 4 boys per room. The Chalet is well geared up to taking groups in the Summer and Winter time.

Three meals a day will be provided and there will be a good choice of hot and cold meals. Breakfast is continental style with choices of fruit, croissant, hams, cheese and a hot option. A packed lunch will be provided each morning, consisting of a baguette, drink, fruit and some chocolate. Example dinners include steak and chips, pizza and lasagne. All special dietary meals can be catered for.

The cost of the holiday will be £860. If you would like your son to take part, you will need to complete the slip below and enclose a deposit cheque for £220. All cheques should be made payable to 'Bedford School Trust Central Bank'. The second instalment of £220 will be due by Friday March 2nd 2018. The third instalment of £210 will be due by Friday April 6th 2018, and the final instalment of £210 will be due by Wednesday 16th May. You may, of course, pay in one instalment if you wish. You may alternatively pay by bank transfer using the reference PS Tignes, but please email Mrs Johnson on ljohnson@bedfordschool.org.uk if you make an online payment so that we are aware. Our trip account details are:

Bedford School Trust Central Bank
22046229
40-10-02

Insurance

We will be using the School's travel insurance scheme. (You should already have a copy of the School's information booklet for parents, but please let Mrs Johnson know if you do not.)

If you have any questions about the trip please do not hesitate to contact me.

Ed Loader – Trip Leader

eloder@bedfordschool.org.uk

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2018 Adventure Holiday in Tignes

I would like my son whose tutor is to join the Tignes Adventure Holiday between Sunday 8th July and Friday 13th July 2018. I enclose a deposit cheque for **£220**, made payable to **Bedford School Trust Central Bank**.

Signed Date.....

This must be received by Bedford Prep School by Thursday 18th January by 4.10pm.